

QUICK START GUIDE

Brighton **SMARTWATCH**

GETTING STARTED WITH
YOUR MEDICAL ALERT SMARTWATCH



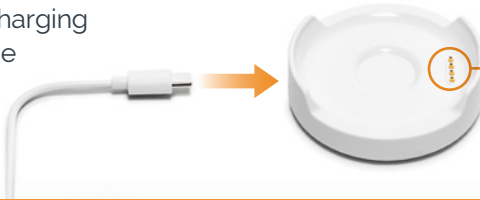
Charging Your Device

IMPORTANT: Before using your Medical Alert Smartwatch, it should be **fully charged**.

1. Plug the charging cable into the enclosed adaptor.



2. Insert the other end of the charging cable into the cradle.



Align charging contacts on the bottom of watch with charging pins on base.

3. Plug the adaptor into an electrical outlet.



4. Place the Smartwatch into the charging cradle. You will hear a startup tone and/or verbal confirmation of charging.



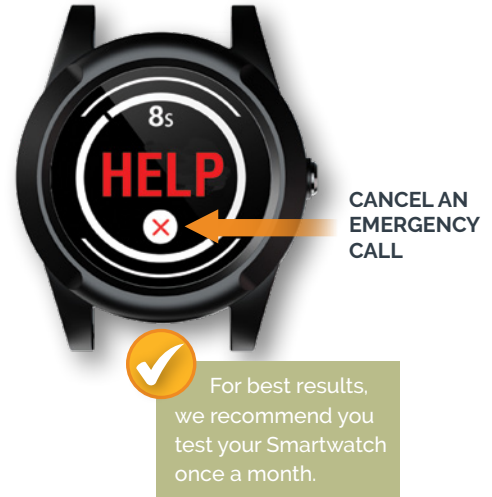
While on the charging cradle, the screen will display the battery percent. At 100% your device is fully charged.

In Case of Emergency

If you need assistance, press and **HOLD** the Home Button until you hear the emergency alert message.



IMPORTANT: To cancel an accidental activation, press the **X** on the display prior to the countdown reaching zero.



Know Your Smartwatch

If the screen is blank, press the Home Button to display the Time & Date.



For best results charge your **Smartwatch** every night.

When viewing the Time/Date, swipe right to access additional options.



Menu Options

Heart Rate

Press the watch face to measure your heart rate.



The heart rate monitor is for informational purposes only and is not intended to replace traditional methods of diagnosis or treatment.

Pedometer

Press the watch face to track your daily steps and activity.



Weather

Press the watch face to get today's weather forecast.



Turn Watch Off

Press the watch face to turn off your Smartwatch.



To turn watch back on, press and hold the Home Button.

We recommend for safety purposes not to turn your watch off unless necessary.

Battery Warning

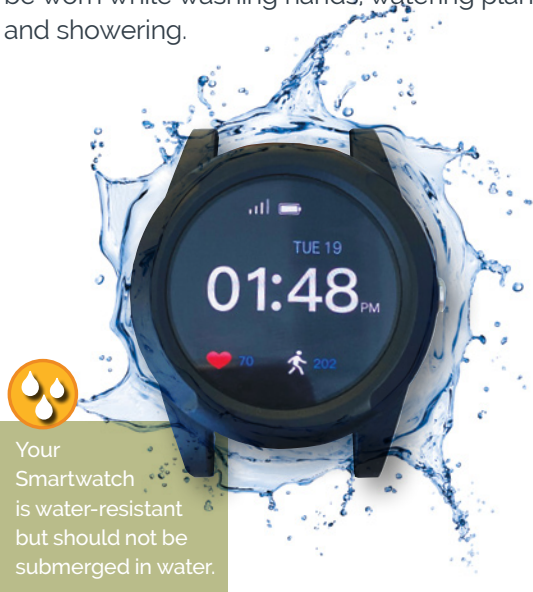
When the battery level is low, you will hear a low battery message and the battery level indicator will turn red. When this happens, you should charge your device as soon as possible.



For best results
charge your watch
every night.

Shower Safe

Your Smartwatch is water-resistant and can be worn while washing hands, watering plants and showering.



Your
Smartwatch
is water-resistant
but should not be
submerged in water.



This device is dependent on cellular coverage to work. Where cellular coverage is limited, you may encounter diminished device capabilities.